

Jillian Haslam: The Resilience Expert Inspiring Transformation

Jillian Haslam is an internationally-acclaimed resilience expert and motivational speaker who empowers individuals and organisations to overcome challenges in the pursuit of success.

Her rise from humble beginnings in a Calcutta slum to the pinnacle of success in the corporate world as a highly accomplished banking executive is testament to her unwavering resilience and the indomitable power of the human spirit.

Jillian's remarkable journey has seen her emerge as a source of hope and inspiration to millions across the board that she has worked with – from abandoned children bereft of hope, to corporate leaders at the helm of some of the world's biggest corporations.

A Life of Resilience: Success through Adversity

Born and raised into poverty and hardship in a Calcutta slum, Jillian's life from the onset was characterised by struggle and deprivation, with everyday life a constant battle for survival.

Despite the adversity she had to deal with, Jillian never lost sight of her dreams. She learned to cultivate a resilient mindset from a young age that went on to shape her extraordinary life and that defines the person she is today: an individual that has mastered resilience as a skill.

This unwavering spirit and determination is what Jillian calls the "Irrepressible Mind", a quality she believes anyone can pick up, and – like her – use to navigate challenges and as fuel to propel you to success.

Accolade-laden Banking Career

Jillian's resilience translated into her work, which led to outstanding achievements across her 23-year career in the banking industry. Her efforts and performance earned her multiple awards and accolades, including the prestigious "Top Achiever Award" three times.

Beyond her expertise in navigating complex situations within the banking industry, Jillian's knack for building high-performance teams was evident, which was testament to her management and leadership skills.

A Voice of Change

Jillian has always been driven by a passion to uplift others and impact people's lives positively. This led her to transition from banking to motivational speaking and resilience coaching with the aim of inspiring audiences across the globe.

As a professional speaker and resilience coach, she is noted for her moving stories, laden with anecdotes and actionable insights that resonate with individuals at both a personal and organisational level.

Jillian has undertaken hundreds of speaking engagements and resilience training sessions worldwide, catering to diverse audiences across the industry divide – from inspiring students at the University of Cambridge, to appearing on TEDx Talks and working with women leadership at the Bank of England. She has held hundreds of resilience coaching sessions for teams at the Royal Bank of Scotland, worked with professionals at PricewaterhouseCoopers and executives at McDonalds, among other top brands.



Thought Leader in the Resilience Space

Jillian's expertise and credibility in the field of resilience has seen her emerge as a leading influencer and thought leader in this space. Her insights have been widely captured in leading media outlets that include, among others, The Times, The BBC, The Telegraph and The Week.

A published author, she has written several books. These include the inspiring memoir, "A Voice Out of Poverty: The Power to Achieve through Adversity" which has received the prestigious Kirkus Star Review, and "The Irrepressible Mind: Nine Steps to Overcome Adversity", a practical career guide.

The Irrepressible Mind: A Proven Formula for Overcoming Challenges and Thriving in Adversity

Jillian's talks and training programs resonate with audiences the world over because they are based on real-world experiences and personal journey, while being guided by a deep understanding of the human spirit.

Her signature program "The Irrepressible Mind" equips individuals with the mental fortitude necessary to navigate challenges at a personal or professional level. Through this transformative program, individuals and organisational leaders and teams have been able to achieve outstanding results, including:

- Increased productivity and motivation
- Improved team dynamics and communication
- Enhanced innovation and problem-solving skills
- Sustained growth and success in the face of adversity
- Fostering a resilience culture to bounce back from setbacks

Philanthropy: Beacon of Hope

Jillian is an active philanthropist whose mission to uplift others extends beyond her professional scope. She runs six charities dedicated to transforming the lives of the less fortunate and disabled.

Through her Remedia Trust, she provides critical support to disadvantaged groups that include underprivileged children, vulnerable seniors, neglected mothers and youth, as well as abused girls, empowering them to become self-sufficient and productive members of society.

Reach Out to Jillian for Transformative Resilience

If you seek to cultivate resilience, overcome challenges or achieve extraordinary success, Jillian Haslam is the trusted guide you need to ignite the power of resilience within your organisation or personal life. Her expertise in the topic of resilience, passion and proven transformative impact is unparalleled and will leave a lasting impression on you and your teams.

Contact Jillian today to schedule a speaking engagement or resilience coaching session and get started on your journey to personal or organisational transformation.

