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Jillian Haslam

Motivational Speaker, Author & Humanitarian



Mentoring as a catalyst for transformation

A good mentor with the right background can provide several benefits. Jillian has a 23-year career in banking and her experience sets her apart when it comes to mentoring professionals (please see below what a few had to say about her mentoring skills).

- **Foster self-reflection and self-awareness:** Jillian has been known to encourage self-reflection and helps the professional gain self-awareness. They may ask thought-provoking questions, challenge assumptions, and provide feedback that promotes introspection. By developing a deeper understanding of themselves, their strengths, and their blind spots, can help them make better decisions and improve their leadership effectiveness (at any level).
- **Support personal and professional growth:** Jillian understands that personal & professional goals go hand-in-hand. She invests in the executive's personal and professional development. She is good at identifying areas for improvement, suggesting relevant learning opportunities, and providing constructive feedback to help the executive enhance their skills and capabilities. She may also help them set goals, track progress, and hold them accountable for their growth.
- **Act as a sounding board:** Professionals often face tough decisions and may need a confidential space to discuss their thoughts and concerns. Jillian is unique in this area and can serve as a trusted sounding board, allowing them the opportunity to openly share their ideas, concerns, and aspirations. This can help bring clarity to their thinking and make more informed decisions.
- **Provide emotional support:** Executives often face high levels of stress, pressure, and isolation. Jillian can provide emotional support, acting as a trusted confidant during challenging times. She is best placed to offer encouragement, empathy, motivation, and advice, helping the executive maintain resilience by providing a safe place for the professional to come to when the need arises.
- **Expand networks and connections:** Jillian has an extensive network of connections within the industry who can help and who are willing to help others. She once ran a highly successful cross-pollination project for a global bank. She has often introduced professionals to influential individuals, potential collaborators, or other professionals who can provide valuable insights, advice, or opportunities. This network expansion can enhance the executive's visibility and open doors to new

Jillian is a certified coach, a professional trainer and speaker with a 23-year career in banking and is more than equipped to mentor both leaders & teams.

Here are a few testimonials for your ready reference



Coaching and speaking—like true leadership—only works if one is left inspired. And Jillian is quite the inspiration. Throughout my professional dealings with her over a number of years, I have found her willingness to help other people and her calm wisdom and insight on both detail and the broader themes of life to be generous, constructive and highly valued.

- Simon Wragg, Trade Finance, RB



Her passion for human understanding makes for a great motivator. If you are going to learn what it takes to be successful despite all odds, there's no one better to learn from.

- Sundara Rajan, Head of Risk, Barclays, UK



Jillian is a very special individual with a unique gift of helping people. She listens and identifies with people and often senses what others are feeling. Her humility is astonishing, and it makes all the difference. She builds trust and inspires you to reflect and come to your own conclusions on the path you need to take.

- Pramilla Patel, Transaction Sales Origination, RBS